

# **MANAGEMENT AND OPERATION OF** **ST. CYRIL & METOD HEALTH CENTRE**

## **1. Management Team**

1.1 In order to streamline the management of the hospital it was recently decided that the hospital should be registered as a trust deed under trustees. This was done and the following is the current composition of the caretaker management committee;

- Lions representatives – 2No
- Local catholic church representatives – the Priest-in-charge and the Church Chairman
- Local leaders representatives – the local Area chief
- Local community representatives - one member

1.2 The Management Committee is responsible for the day-to-day running of the Health Centre including payment for cleaning, salaries and maintenance of the buildings. Funds for this purpose are raised through user charges, fundraising activities, donations and other means as detailed in the project proposal. Committee meetings are held once every month unless there is an urgent matter requiring a meeting in between the month.

1.3 Since it started operations, the Health Centre is opened for six days a week, that is, Monday to Saturday and is only closed on Sundays. It opens for eight hours per day that is 8am -1pm in the morning and 2pm - 5pm in the afternoon.

## **2. Staff Composition**

Currently the following technical and support staff are employed at the health centre:

- Registered clinical officer ..... 1
- Nursing officer ..... 1
- Nursing assistant ..... 1
- Pharmacy assistant ..... 1
- Cleaner ..... 1
- Watchman ..... 1

The current Consulting Doctor at the Health Centre is Dr. George Karanja, who is also a member of the Lions Club of Thika Kilimambogo.

## **3. Types of Diseases Treated**

There are about twelve common diseases treated at the health centre. These include clinical malaria, hypertension and respiratory tract infections. Other common infections include diarrhea diseases, dental health problems and mental disorders.

Tables 1.0 below shows the number of most common cases attended to during the year:

<b>Table 1.0 : Twelve Most Common Diseases</b>		
<b>S/No</b>	<b>Diagnosis</b>	<b>Cases</b>
1	Respiratory Tract Infection	187
2	Digestive system	146
3	Rheumatism, joint pains etc	113
4	Pregnancy related issues	102
5	Diseases of the skin	98
6	Hypertension	87
7	Clinical malaria	79
8	Accidents, fractures, STI etc.	71
9	Urinary tract infections	64
10	Eye infections	59
11	Gynecological cases	54
12	Diabetes mellitus	43

Table 2.0 below shows other common cases attended to during the year:

<b>Table 2.0 : Other Common Diseases</b>		
<b>S/No</b>	<b>Diagnosis</b>	<b>Cases</b>
11	Dental problems	35
12	Diarrhea diseases	19
13	Worms intestinal	14
14	Ear infections	11
15	Mental disorders	5
16	All other diseases	29
7	Clinical malaria	79

#### **4. Type and Quantities of Drugs Dispensed**

The types of drugs and quantities dispersed during the year in treatment of various diseases are presented in the Appendix. These include analgesics, anti-asthmatics, anti-diabetic agents, cough anthist, haematinics, vitamins & minerals among others

#### **5. Diseases Not Treatable**

The following types of diseases are not treatable at the health centre due to lack of the necessary facilities:

- ◆ Surgical cases requiring theatre
- ◆ Medical cases requiring admission
- ◆ Dental cases requiring fillings and root canal treatment
- ◆ Eye complications

#### **6. Problems Encountered in Running the Facility**

Some of the problems encountered in running the health facility include the following:

- ◆ Perception by some members of the local community that the facility is a donation so its services should be entirely free or be fully subsidized
- ◆ Occasional cash flow problems
- ◆ Lack of sufficient Laboratory Facilities
- ◆ lack of referral vehicle for maternity complicated cases

## Appendix

### Type Of Drugs and Approximate Quantities Dispensed

	<b>Item Description</b>	<b>Pack</b>	<b>Qty</b>
<b>Analgesics</b>			
	Calpol Suspension	60ml	86
	Cetamol Suspension 60ml	60mL	57
	Algaphan tabs	100S	4
	Mefnac Ds Tablets	200's	6
	Cetamol tablets	1000's	3
	Ibutil tablets 400mg	500's	4
<b>Anti-Acid Prep.</b>			
	Zolacid suspension	180ml	46
	Siam Suspension	120ml	34
<b>Amoebic/Protozoa</b>			
	Dyrade M-DS Tabs	15's	15
	Dyrade M susp	100ml	18
	Tagera 40 Tabs	2's	28
	Trinitab	4's	9
<b>Anti-Asthmatics</b>			
	Ventolin Tabs 2mg	500's	2
	Ventolin Tabs 4mg	240's	1
	Ventolin syrup	bottle	9
<b>Antibiotic Cream/Oint</b>			
	Silverex Cream	10gms	7
	Tetracycline 3% oint.	Tubes	10
	Wokadine Oint 15g	Tubes	5
<b>Oral Antibiotics</b>			
	Penamox 125mg/5ml	100ml	75
	Clavulin Susp 156mg /ml	100 ml	36
	Proximexa Susp 250 mg	50ml	24
	Clavulin Tablets 625 mg	14's	14
	Seprin susp	50ml	18
	Penamox caps 500mg	500's	3
	Azimax 500mg tabs	3's	7
	Azimax syr. 200/5ml	Bottles	5
	Ulcip 500mgs	10's	10
	Doxycycline caps 100mg	100's	5
<b>Anti-Emetic</b>			
	Nosic Tabs	20's	3
	Lockit (Domperidone)	20's	2
	Lockit Susp (Domperidone)	100ml	2
	Gastrolon tabs	10's	3

<b>Anti-Convulsants</b>			
	Tegretol 200mg Tabs	50's	3
	Tegretol 200mg CR	50s	1
	Epanutin 100mg.	84's	1
	Phenobarbitone 1000's tabs	1000's	1
<b>Antidiabetic-Agents</b>			
	Glucophage 500mg	90's	3
	Glucophage 850mg	60's	3
	Mixtard 70/30	Vial	5
<b>Antifungal (Oral&amp;Topical)</b>			
	Orush Lotion	15 ml	7
	Zorcan 200mg caps	4's	6
	Clob-B	15gms	21
	Micogel Cream	15gms	9
	Imazole pessaries	7's	13
<b>Anti-Helminthics</b>			
	ABZ Tabs	1's	15
	ABZ Susp	10ml	30
<b>Cough, Anthist</b>			
	Tuspress 100ml	100ml	87
	Tuspel expect	100 ml	39
	Piriton Syrup	100ml	46
	Piriton Tabs	1000's	2
	Tuspel Plus	100ml	15
<b>Cardiovascular Agent</b>			
	Aldomet 500mg Tabs	30's	7
	Nifelat R 20mgs	30's	5
	Ascard 75 mg	30's	4
	Frusamide	100's	3
<b>Anti-Virals</b>			
	Univir tablets 400mg	10's	1
	Adco Acyclovir Cream	10g	1
<b>Anti-Infla/Anti-Gout</b>			
	Diclodenk 100 mg	100's	2
	Diclodenk Inj 75mgs	10's	1
	Prednefil 5 mg tabs	1000's	1
	Rheumatic Cream	tube	9
<b>Anti-Malarial</b>			
	Fansidar Tabs	150's	16
	Lonart Susp	60ml	13
	Lonart DS	6's	26
	Coartesian syrup	60 ml	17
<b>Anti-Spasmodics</b>			
	Cyclopam tabs	100's	2
	Buscopan	50's	2

<b>Eye/Ear Drops</b>			
	Probeta N Eye/Ear drops	7.5mL	16
<b>Steroids Hormones</b>			
	Steron Tablets (West coast)5mg	100's	3
<b>Haematinics</b>			
	Ferizest caps	30's	6
	Aloha liquid	Bottles	15
<b>Oral Antiseptics</b>			
	Remedin Mouth Wash	100ml	8
<b>Injectables</b>			
	Vit.K Inj.	1's	18
	Lignocaine 30 ml	1's	14
	Tetanus Vacc. 0.5mg	10 doze	89
	Adrenalina inj. 1ml	Vial	3
	Panadur 2.4 mgs injection	1's	9
	Gentamycin	Amps	220
	Hydrocortisone inj	Vials	9
	Buscopan Inj 20mg/ml	5's	3
	Crstapen Injection	1'S	110
	Paracetamol injection	1'S	7
	Triplopen (6:3:3)	Vials	8
<b>Sedatives &amp; Tranqui.</b>			
	Valium Inj 10mg/2ml	10's	3
<b>Topical Preparation</b>			
	Exevate MF Ointment	20gms	23
<b>Ulcer Management</b>			
	Esome 20mgs caps	14's	6
	Esose 40 mg caps	10s	18
<b>Vitamins &amp; Minerals</b>			
	Neurobion Plus Tabs	500's	4
	Trinerve	30's	3
	Multivitamin tabs 1000's	1000's	2
<b>Laxatives</b>			
	Sennokot	60s	2
<b>Natural Suppliments</b>			
	Recatrix Forte	30's	2
<b>Wax Removers</b>			
	Cerumol ear drops	10ml	4
<b>Others</b>			
	Dextrose 50% 100ml (Kenya)	100ml	24
	Insulin syringes(B/D)	100's	3
	Creppe Bandage 4 inch	1pc	20
	Creppe bandage 6 inch	1's	19
	Duofilm	Bottles	2
	Surgical Spirit	5 Lt	7
	Disposable gloves (latex)	100's	31

	Needles G21	100's	3
	Dis Syringes 2ml (Kings or Discardit)	100's	5
	Dis Needles G23	100's	3
	Sterile Surgical Gloves	50's	5
	JK (Sod.HypoCl 3.5%)	5 lt	4
	Disposable syr 5ml	100s	2
	Dextrose 5%	500ml	40
	Cotton Wool 400gm	Rolls	24
	Water for injection	10	220
	Normal Saline	500ml	36
	Surgical blades	100's	4
	IV giving sets	Pcs	68
	IV Cannula G24	100's	2
	Catgut 2/0 wt cutting ndl	Dozens	3
	Nylon sutures 2/0 wt cuttg ndl	Dozens	3
	Autoclave Tapes	pcs	2
	Zinc Oxide Strapping	Pcs	7
	Gauze Roll 750 gms	Rolls	7